

OHSCompliance Course Outline

FIRSTRAC - FIRSTRAC Level 1 First Aid Training

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Purpose:

FIRSTRAC Level 1 first aid training supports basic emergency response readiness and helps employers keep first a

Audience:

First aiders, supervisors, appointed employees and teams that need basic workplace emergency response capability

Learning outcomes:

- Support basic first aid response readiness.
- Improve awareness of workplace emergency steps.
- Connect first aider appointments to site coverage.
- Maintain first aid evidence for reviews.

Typical evidence issued:

Attendance register and course completion evidence. Credit-bearing or accredited certification depends on the pr

Related safety file evidence:

- First aider appointments
- first aid box inspections
- emergency contact lists
- training attendance

Category: Emergency readiness

Request a quote: <https://ohscompliance.co.za/#quote>

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